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CAN HARRY SAVE THE WORLD?

A SCHOLAR TAKES A LOOK AT HOW THE FAMED HARRY POTTER SERIES HAS SHAPED THE 'MUGGLE GENERATION'

PAGE 17

Game changer

Competitive video-gaming is North America's newest obsession, and Torontonians are lining up for a chance to win big money PAGE 6

From the Twitterverse to your TV set

Unsure what to watch on the tube tonight? The social-media giant has a few suggestions... PAGE 15

They're on the fast track

Usain Bolt streaks to his third gold medal at the world track championships in Moscow, while the Canadian men's relay team takes bronze PAGE 25

NEWS WORTH SHARING.

Canadians in Egyptian jail are 'OK'

Arrested. Foreign Affairs dept. working to free Toronto filmmaker John Greyson and London MD

Two Canadian men arrested in strife-torn Egypt have been found and are in good health.

"We have heard from Canadian consular services that they managed to visit Tarek Loubani and John Greyson in the Egyptian prison facility," Justin Podur, a mutual friend of the two, posted on his blog on Sunday afternoon.

"They're OK," Podur said. "We don't have any information about why they're being held."

Quoted

"I can confirm that our embassy in Cairo is in contact with local authorities and that we're providing consular assistance to the people who were detained."

Caitlin Workman, spokeswoman for the Department of Foreign Affairs

He said it was much worse when they didn't know anything, adding he's glad to hear that efforts are being made to free them.

"(The consulate is) going to go back to the prison (Monday) and they're going to try and get them out," Podur said.

Loubani, a doctor from London, Ont., and Greyson, a filmmaker and York University professor, were arrested Friday. Podur said Loubani called him to briefly say that he and Greyson were being arrested.

He said Loubani was on his way to Gaza as part of a collaboration between the University of Western Ontario and Al-Shifa Hospital. Greyson was tagging along as a filmmaker to do some exploratory work.

"Their plan was to travel from Egypt to Gaza," he said. "They were in Cairo and the crossing was closed, from what I understand, so they stayed an extra day in Cairo and that's when they were arrested."

TORSTAR NEWS SERVICE

ANOTHER WILD RIDE

Mayor Rob Ford enjoys a turn on the Polar Express with his children at the CNE on Sunday. He and his brother Doug Ford held their weekly Newstalk 1010 radio show just inside the Princes' Gates before hitting the midway. More Ford coverage, page 8. CHRIS SO/TORSTAR NEWS SERVICE

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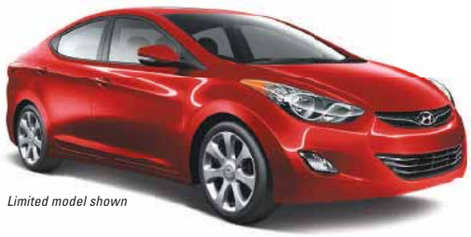

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Victim outraged

Jailed rapist gets lodging upgrade

An incarcerated serial rapist who is considered a high risk to kill women when he is released has been transferred from the maximum-security Kingston Penitentiary to a medium-security facility, even though he has refused to co-operate during counselling.

Torstar News Service obtained Selva Kumar Subbiah's parole records for several years, which indicate that he is considered extremely dangerous and unremorseful. Subbiah was sentenced to 24 years in 1992. TORSTAR NEWS SERVICE

Rare disorder

Teen hopes for reprieve on care

An Ontario teen receiving treatment for a rare genetic disorder in a U.S. hospital could be sent back to Canada on Monday, despite pleas from her doctors and family for her to stay.

Mikaela Clark, 18, of Orillia, was admitted in May to the Hospital at the Children's Institute in Pittsburgh for treatment of Prader-Willi syndrome, a potentially life-threatening disorder characterized by insatiable hunger and extreme obesity.

She entered a three-month treatment program at a cost of $100,000, but two weeks ago received an extension due to complications. Her stay ends Monday, and her family does not know whether it will be extended again. "The government is letting us wait until the last second," said Mikaela's father, Jon Clark. "We don't know anything." TORSTAR NEWS SERVICE

Teen conquers Lake Ontario to make wishes come true

Ashleigh Beacham is all smiles as she hugs her father, Jeff, right after reaching dry land. The 15-year-old swam the 52 kilometres across Lake Ontario Sunday to raise $10,000 for the local Make-a-Wish foundation. She was greeted by a small gathering of family and supporters at Marilyn Bell Park, just west of Ontario Place, after landing in the early evening. RICHARD LAUTENS/TORSTAR NEWS SERVICE

Honouring young lives lost

AGO ceremony. 2008 earthquake tragedy in China remembered with solemn reciting of victims' names

In a litany of loss, the names of 5,200 dead Chinese schoolchildren reverberated throughout the room from a loudspeaker.

Hundreds of volunteers gathered at the Art Gallery of Ontario on Sunday to honour the youngest victims of the 2008 earthquake that battered the country's Sichuan province on May 12, 2008, and killed more than 87,000 people.

Focus on empathy

"So many disasters happen in the world and we get desensitized to that.... The idea of practising empathy for others in the world isn't something we always focus on, and this is a chance to do that."

Gein Wong, director of the participatory reading

The live tribute marked the opening weekend of the gallery's summer exhibition, Ai Weiwei: According to What?, which chronicles the work of the controversial Chinese artist and activist.

In a ceremony reminiscent of the children's holocaust memorial at Yad Vashem in Israel, nearly 300 volunteers took turns to read the names of children who died in the natural disaster — a process that was estimated to take five hours.

Some paused for a moment before reading; others bowed three times toward the 45-by-15-foot wall behind them that records the names, ages, gender and grade of each of the 5,200 children.

The sheer number of names on the wall means little until you get closer, and see children as young as three were killed.

"Those children shouldn't have died — it was only because of the quality of the school buildings," said China-born event participant Robin Luo, referring to the scandal in the aftermath of the earthquake.

Nearly 14,000 schools were damaged while buildings nearby remained intact. Various reports alleged that local government officials and construction companies were negligent in the construction of schools, ignored civil-engineering standards, and took shortcuts while pocketing the difference. TORSTAR NEWS SERVICE

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Funeral held for TTC crash victim

In mourning. The beloved first-time grandmother, mother, wife, sister and daughter died at the scene after van hit bus

The casket was set beneath a tall canopy strung with hundreds of small flowers, at the front of the large room.

Manoranjana Kanagasabapathy had been dressed in the gold threaded sari she had worn on her wedding day, her slender wrists banded in gold and her hands folded in front of her.

Hundreds of mourners filled the funeral home, gathering to weep, offer their condolences and witness a ceremony filled with song and prayer, in Scarborough on Sunday morning.

"My daughter, my daughter is gone," cried her mother Sivamani Kandiah, 85, sitting in a pew in front of the casket. Several times throughout the morning she was helped to stand and walk to her daughter, weeping and pressing her forehead to her shoulder and stroking her face, hands and feet.

Kanagasabapathy's younger brother Panchalingam Kandiah, 44, said their relatives and friends are still in a state of shock, describing his sister as a primary caregiver for their mother and unifying force in their family.

Kandiah said he had spoken to his sister, one of five children in their large family, just days before the crash. He was in India and she gave him exact specifications to purchase her new sari that she planned to wear to celebrate the first birthday of her grandchild.

He called on the Canadian courts and police to take "severe action," against all distracted drivers, whether they are caught texting, drinking, speeding or simply failing to pay attention to what is happening on the road.

Kandiah said the sari Kanagasabapathy had been dressed in was from her husband and it was his express "wish to send her off with the first gift that he gave her," for her "last journey."

At the end of the morning — after Kanagasabapathy's casket was filled with flowers by loved ones and carried across a path of petals to a hearse — she was to be cremated.

Her brother said her ashes will likely be spread into the sea, near a temple in Sri Lanka near where she grew up.

TORSTAR NEWS SERVICE

Collision details

Kanagasabapathy, 52, was killed Tuesday when a bus she was boarding was hit by a cube van, after a driver coming in the opposite direction tried to turn, jumped the curb and then plowed into the bus.

- Her family said she had just finished praying at a nearby Hindu temple and was headed to work.
- The driver of the van faces multiple charges, for criminal negligence and dangerous operation of a vehicle.

Mourners drop flower petals as the casket of Manoranjana Kanagasabapathy is led out after an emotional Hindu funeral ceremony at Highland Funeral Home in Scarborough on Sunday. CHRIS SO/TORSTAR NEWS SERVICE

Wild Water Kingdom

Armed robbery closes park

Wild Water Kingdom in Brampton was closed Sunday following an armed robbery. Peel Police said cash was stolen by thieves armed with guns at about 5 a.m. The park was closed afterward due to the number of people who needed to be interviewed by police. On Saturday night, the park hosted the Beach Club Festival, a large annual event.

TORSTAR NEWS SERVICE WITH FILES FROM THE CANADIAN PRESS

Brampton

Young woman dead after car splits

Police are investigating if alcohol was involved after a 19-year-old Brampton, Ont., woman died when a car crashed into a pole. Officers say speed was a factor and the car was split in two when it hit a pole early Sunday on Derry Road, west of Mavis Road. NEWSTALK 1010/ THE CANADIAN PRESS

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Woman delays med school to pursue video game dream

E-sports. Kaitlyn Richelle aims to make living from playing games like StarCraft II

The thought of playing video games for a living may seem an absurd concept, but for hundreds of young adults it represents the possibility of a six-figure payday.

Presented in the same way as professional sports, e-sports or electronic sports, have become North America's newest obsession, with numerous organizations providing professional platforms where high-level players compete head to head in front of live and web-based audiences.

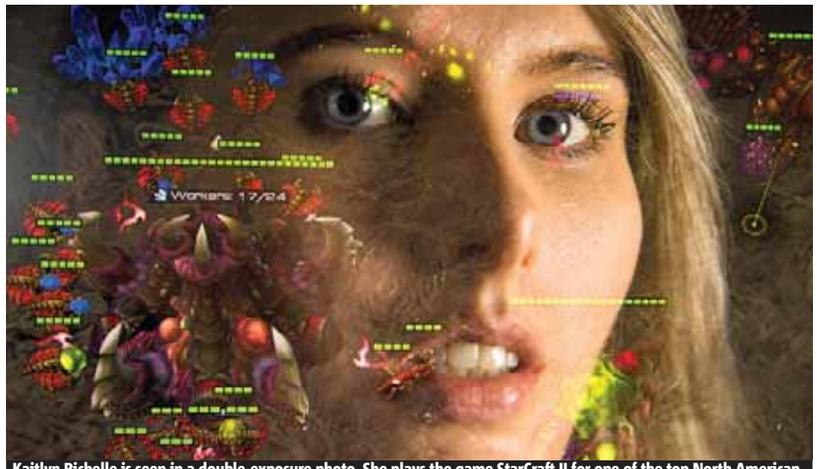
Decent players can make a reasonable living from sponsorship, team salaries and prize money while the very best can earn hundreds of thousands of dollars a year.

Kaitlyn Richelle, an aspiring professional gamer from Etobicoke, would like to be in that number.

"Watching people compete and seeing that this was something happening in North America and not just Korea made me want to play video games more seriously," says Richelle. "From (last) August onwards playing StarCraft was basically all I was doing."

While competitive gaming has flourished in South Korea since the late '90s — matches are routinely broadcast on cable TV and live events fill up arenas comparable to the Air Canada Centre — 2011 saw e-sports explode in North America.

That year, Major League Gaming, a premium North American league akin to the NHL, saw a widespread rise in sales and profitability as increased advertising, sponsorship and prize money turned the once niche hobby into a multi-million-dollar business with StarCraft 2, Blizzard Entertainment's futuristic strategy game, at the forefront of that growth.



Kaitlyn Richelle is seen in a double-exposure photo. She plays the game StarCraft II for one of the top North American teams, Quantic Gaming. COURTESY GLENN LOWSON

Today, a number of team-based games have broadened the competitive gaming landscape in ways that were never thought possible.

In 2012, Riot Games' League of Legends world championship tournament set a record with a nearly $2 million prize pool, but that record was shattered earlier this month by Valve's DOTA 2 championship, which saw a pool of nearly $2.9 million split amongst its eight competing teams.

Richelle, 25, has been watching international gaming competitions since high school, but she just recently got involved in the competitive gaming scene after volunteering for the North American Star League's Season 3 Grand Finals (NASL) last July.

After attending the tournament, Richelle, an engineering graduate who aspires to one day become a doctor, put medical school on hold to pursue her gaming passion.

"I saw how people worked together at NASL, how teammates would work together and how people would collaborate when going over (their game) replays and that got my attention," she said.

"When there's something that I enjoy in life I just want to do that and I can't see myself doing anything else."

TORSTAR NEWS SERVICE

Quoted

"I'm trying to find ways to make this more sustainable and monetize it so I can keep doing it. I don't have a part-time job, this is all I'm doing."

Kaitlyn Richelle, aspiring professional gamer

'Abysmal' access to justice hurts us all: Report

Chief Justice Beverley McLachlin SEAN KILPATRICK/THE CANADIAN PRESS

Access to justice in Canada is being described as "abysmal" in a new report from the Canadian Bar Association, which also calls for much more than "quick fix" solutions.

The summary report, released Sunday at the association's conference in Saskatoon, says there is profoundly unequal access to justice in Canada.

"Inaccessible justice costs us all, but visits its harshest consequences on the poorest people in our communities," says the report.

Report author Melina Buckley says one of the biggest concerns is the growing number of people who represent themselves in civil cases. Buckley says many people earn just enough money so they don't qualify for legal aid, but they also don't make enough to pay for a lawyer. Those people often find themselves on their own in court, she says. The problem is especially pronounced in family law cases, she added.

Supreme Court of Canada Chief Justice Beverley McLachlin said access to justice is a growing problem for many Canadians.

Peoples' lives can be ruined if they can't get access to justice, McLachlin said Saturday at the conference.

"We know that there are a lot of needs. People just swallow their pain and their loss and live with it, I guess, in some unsatisfactory way feeling they can't get justice," said McLachlin. THE CANADIAN PRESS

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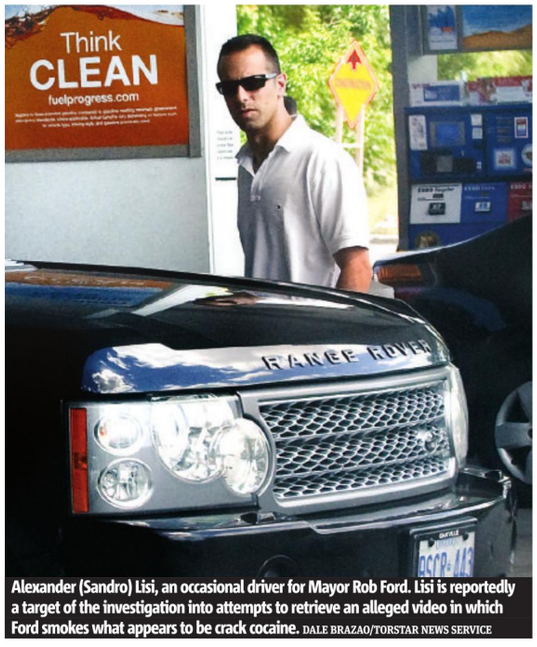
Cops mum on report Ford's entourage tried to get video



Alexander (Sandro) Lisi, an occasional driver for Mayor Rob Ford. Lisi is reportedly a target of the investigation into attempts to retrieve an alleged video in which Ford smokes what appears to be crack cocaine. DALE BRAZAO/TORSTAR NEWS SERVICE

Lips sealed. Police and mayor stay silent regarding the latest on the alleged crack tape, but Doug Ford has a few choice words

Toronto police aren't commenting on a report that they are investigating attempts by associates of Mayor Rob Ford to obtain an alleged video purportedly showing him smoking crack cocaine.

The mayor hasn't commented either, but his brother, city councillor Doug Ford, has denounced the Torstar News Service report as "just another attack" by the newspaper.

Torstar is reporting that two members of the mayor's entourage were beating the bushes in the days after media reports surfaced that some journalists had viewed the alleged video.

The newspaper quotes a witness as saying an occasional driver and security guard for the mayor, Alexander (Sandro) Lisi, visited a group of known drug dealers and asked about the whereabouts of the people who made the alleged video.

Lisi's lawyer has confirmed his client is involved in a police investigation but would not give specifics.

The Torstar story says the mayor's logistics director, David Price, was making phone calls inquiring about the video's whereabouts, but doesn't attribute the information. THE CANADIAN PRESS

Fighting words

People are fed up with "this tabloid garbage."

Doug Ford, a city councillor and Rob Ford's brother, came out swinging on his radio talk show Saturday regarding the ongoing coverage of the alleged video

Om. Bikram yogis stay zen as controversy around founder heats up

Yogis are bending, stretching and sweating as usual at Vancouver Bikram studios despite a scandal heating up around the practice's founder.

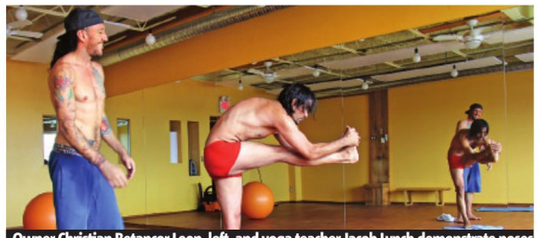
Five civil lawsuits alleging sexual assault and harassment have been filed against Calcutta-born, California-based Bikram Choudhury, creator of the 26-pose practice in rooms heated to 40.6 C.

None of the allegations have been proven in court, and Choudhury's lawyer has denied them, yet the salacious accusations has raised some eyebrows in a community usually known for its peaceful mantras.

But in the city where Lululemon started and yoga studios abound the bad press surrounding Choudhury hasn't had an impact on local business, Bikram Yoga Commercial Drive owner Christian Betancor Leon said.

"Whatever Bikram the man does is not going to affect the yoga one iota. The yoga is pure; it's clean," Betancor Leon said.

EMILY JACKSON/METRO IN VANCOUVER



Owner Christian Betancor Leon, left, and yoga teacher Jacob Lynch demonstrate poses at Bikram Yoga Commercial Drive in Vancouver. EMILY JACKSON/METRO IN VANCOUVER

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Explorers go underground to map uncharted territory

Uncharted caves. Nine amateur explorers prepare to venture into a massive British Columbia cave system

Guide Nicholaus Vieira explores a cave in Alberta last week. Today's explorers are often amateurs. JEFF MCINTOSH/THE CANADIAN PRESS

Under Mount Tucker in British Columbia's Glacier National Park, a sprawling system of uncharted caves offers a group of unlikely explorers a chance to venture into the unknown.

These are not the cartographers of yore. Today, the Cabots, Cartiers and de Champlains mapping the wilds of Canada have been replaced with adventurers of a more amateur sort, armed with time to kill and money to burn.

The nine-member expedition, which includes an accountant and teacher as well as scientists and cave guides, is planning to head into the network of caves in October.

The explorers are all volunteers, and trips such as theirs are on the rise, the Royal Canadian Geographical Society says. The Raspberry Rising trip — named after the cave system's hidden entrance — is one of several the society says they have provided funding to this year.

"The last probably two to four years, we're seeing more applications coming in, and we're seeing better applications," says Michael Schmidt, co-chair of the expeditions program. The expedition will be risky, time consuming and expensive. The project could take years. THE CANADIAN PRESS

'Loki.' A silent stealth snowmobile is being tested for the Far North

The Canadian military has been secretly test-driving a $620,000 stealth snowmobile in its quest to quietly whisk troops on clandestine operations in the Arctic.

Soldiers have taken the new hybrid-electric snowmobile prototype on trial runs to evaluate features such as speed, noise level, battery endurance and acceleration.

The Department of National Defence even has a nickname for its cutting-edge, covert tool: Loki, after the mythological Norse shape-shifting god.

Word of the federal hunt for a stealth snowmobile first surfaced two years ago in a public tender. That 2011 tendering document, however, offered few details on the future of these missions, except for the top priority: silence.

The project kicked off at a time when the Conservative government was laying out promises to boost Canada's military muscle in the North.

Prime Minister Stephen Harper is scheduled to arrive in the Arctic on Sunday for a six-day tour of the region, where his government's main focus has moved from improving the country's northern military to promoting economic development. The stealth-snowmobiles project has withstood that political shift. THE CANADIAN PRESS

Evaluation ongoing

National Defence has made it clear it does not intend to spend any more money on Arctic mobility for eight years, but its research branch says the evaluation of the silent snowmobile, though still in its early stages, will continue.

- The military tested a wide variety of the snowmobiles' characteristics like speed, towing capacity and endurance.

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One Canadian's hell in Somalia

Taken hostage.
Alberta woman starved, beaten and sexually brutalized tells all in a soon-to-be-released book

Amanda Lindhout
CONTRIBUTED/THE CANADIAN PRESS

After about a year of being held hostage and tortured, Amanda Lindhout decided it was time to kill herself.

The Alberta woman, taken hostage in Somalia in August 2008, says she reached her breaking point after spending three days trussed up like an animal, her hands and feet pulled so tightly behind her back that she could barely breathe.

When her captors did untie her, they told her it was only a reprieve. They promised to use the same torture technique on her again each day until they got their ransom money.

Left alone, Lindhout resolved that she was better off dead. She would take a rusty razor to her wrists.

But as she held the blade in her hand, a small brown bird flew into the doorway of the room where she was being held. It hopped on the dirty floor, looked at her and flew away. It was the first bird she'd seen since shortly after she was taken.

"I'd always believed in signs ... and now, when it most mattered, I'd had one," she writes. "I would live and go home. It didn't matter what came next or what I had to endure."

In an advance edition of a book, set for release next month, the 32-year-old details the brutal 15 months she spent in captivity along with Australian photographer Nigel Brennan. Entitled A House in the Sky, the book is co-authored by Sara Corbett.

It reveals how Lindhout and Brennan's families eventually co-ordinated the pair's release themselves. The final price for their lives: $1.2 million, $600,000 went to the kidnappers. THE CANADIAN PRESS

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Khadr not a max security threat: Ombudsman

Letter. The Office of the Correctional Investigator urges another look at Khadr's classification

A 2010 courtroom sketch of Omar Khadr. THE ASSOCIATED PRESS FILE

Prison authorities ignored favourable information in unfairly branding former Guantanamo Bay prisoner Omar Khadr as a maximum security inmate, according to Canada's prison ombudsman.

In a recent letter to a top prison official obtained by The Canadian Press, the Office of the Correctional Investigator urges another look at Khadr's classification.

"The OCI has not found any evidence that Mr. Khadr's behaviour while incarcerated has been problematic and that he could not be safely managed at a lower security level," the letter states.

"I recommend that Mr. Khadr's security classification be reassessed, taking into account all available information and the actual level of risk posed by the offender, bearing in mind his sole offence was committed when he was a minor."

In his letter, Ivan Zinger, executive director of the independent Office of the Correctional Investigator, calls the case "unique and exceptional." He says Khadr has shown no evidence of problematic behaviour while in Canadian custody and notes the Americans had categorized him as minimum security.

"According to a psychological report on file, Khadr interacted well with others and did not present with violent or extremist attitudes," Zinger writes. THE CANADIAN PRESS

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Philippines. Search for ferry survivors continues as death toll reaches 39

Philippine Navy and Coast Guard divers continue their search and rescue operation off Talisay coast Sunday. BULLIT MARQUEZ/THE ASSOCIATED PRESS

As the MV Thomas Aquinas cruised toward Cebu city in the central Philippines, navy marshal Richard Pestillos prepared for a brief stop while some passengers watched a band and others soaked in the night breeze on the deck.

Then the scene turned chaotic when the ferry, with 870 passengers and crew, collided with a cargo ship late Friday, ripping a hole in its hull, knocking out its power and causing it to list before rapidly sinking as people screamed, according to Pestillos and other witnesses.

"The sea was very calm and we could already see the lights at the pier," Pestillos said.

Coast guard officials said at least 39 died and more than 80 were missing in the latest deadly sea accident in the Philippines, which happened 570 kilometres south of Manila.

Cebu Governor Hilario Davide III said 751 passengers and crew were rescued. There were no signs of additional survivors late Sunday.

THE ASSOCIATED PRESS

Campaign launched

Israel to give polio boosters after discovery of disease

Israel is launching a nationwide campaign to give a polio booster to all children under nine after a rare discovery of the virus.

Itamar Grotto, director of Israel's public health service, said the campaign started Sunday. The move is being taken after a strain of the virus was found in sewage in southern Israel in June. Experts believe the strain originated in Egypt.

Israel already immunizes its children against the disease. The new campaign gives a second boost of protection.

There have been no clinical cases of the virus, which can lead to paralysis or death. But some child carriers have been identified in Israel.

Polio remains endemic in just three countries: Pakistan, Nigeria and Afghanistan.

THE ASSOCIATED PRESS

Guyana

Couple sentenced for luring girls to work as prostitutes

A Guyana court has imposed the maximum sentence on a couple for luring four girls to a remote jungle area and forcing them to work as prostitutes in a mining camp.

Wesley Hart and common-law wife Candace Anderson were each sentenced to five years. The children's exact ages were not immediately available.

The girls were rescued by an association for women miners. Simona Broomes heads the association that travels to Guyana's mining camps to rescue underage girls working as prostitutes. She said Sunday that her group's members were at court every day.

The U.S. State Department this year honoured Broomes for her work in fighting human trafficking in the South American country. THE ASSOCIATED PRESS

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A friend of Ammar Badie, the son of the Muslim Brotherhood's spiritual leader, Mohammed Badie, who was killed Friday by Egyptian security forces during clashes in Ramses Square, cries while attending his burial in Cairo on Sunday. MANU BRABO/THE ASSOCIATED PRESS

Thirty-six prisoners die in Egypt — but was it by gas or gunshot?

Reports differ. Officials say 36 choked on tear gas, but state media says they were attacked

Egyptian police fired tear gas at a prison truck Sunday in an attempt to free a police officer from rioting detainees, killing at least 36 suspects rounded up during streets clashes between Islamist supporters of the country's ousted president and police, officials said.

The deaths of the prisoners, captured during the fierce fighting in recent days around Cairo's Ramses Square, came as the country's military leader, Gen. Abdel-Fatah el-Sissi, called for the inclusion of Islamists in the government.

The killed detainees were part of a truck convoy of some 600 people heading to prison, officials said. Detainees in one of the trucks rioted Sunday night and managed to capture a police officer inside, the officials said.

Security forces fired tear gas into the truck in hopes of freeing the badly beaten officer, the officials said. They said those killed died from suffocating on the gas.

However, the officials' version of events contradicted state media reports. The official website of Egyptian state television reported that the deaths took place after security forces clashed with militants near the prison and detainees came under fire while trying to escape. The official MENA state news agency also said the trucks came under attack from gunmen.

State media also said all those killed and the gunmen belonged to the Muslim Brotherhood. The officials said some of the detainees belonged to the Brotherhood, while others didn't.

The differences in the accounts could not be reconciled Sunday night.

Security forces arrested hundreds of Muslim Brotherhood members early Sunday morning in raids in different cities, aimed at disrupting planned rallies to support ousted president Mohammed Morsi. THE CANADIAN PRESS

Higher and higher

900

The death toll for four days of unrest rose to nearly 900 by Sunday night.

Syria. Chemical arms hunt called too little, too late

A team of UN weapons inspectors arrived in Damascus on Sunday for a long-delayed mission to investigate the alleged use of chemical arms in Syria's civil war.

President Bashar Assad's regime and the rebels fighting to overthrow him have traded accusations over the purported chemical attacks, each blaming the other.

Diplomats and chemical-weapons experts have raised doubts about whether the inspectors will find anything since the alleged incidents took place months ago.

The mandate is also limited — the team will report on whether chemical arms were used, and if so which ones, but will not determine who used them. THE ASSOCIATED PRESS

Talks. North Korea may trade tours for reuniting families, says professor

North Korea on Sunday accepted a South Korean offer for talks on reuniting families separated by war, but proposed separate talks on resuming lucrative tours to a scenic North Korean mountain in an apparent effort to link the two discussions.

Pyongyang also proposed holding the reunification talks at Diamond Mountain. South Korea suspended tours there after a South Korean woman was shot dead by a North Korean border guard in 2008.

"The North Korean intention is obvious. It is saying it wants to exchange the resumption of the Diamond Mountain tours with the family reunions," said Lim Eul Chul, a professor at South Korea's Kyungnam University. THE ASSOCIATED PRESS

Saudi Arabia. TV director fired for Brotherhood ties

Saudi billionaire Prince Alwaleed bin Talal has fired the director of an Islamic TV channel for his role as the leader of the Muslim Brotherhood in Kuwait.

He wrote Sunday on his Twitter account that he sacked Tarek Al-Suwaidan "for admitting he belongs to the Brotherhood terrorist movement."

Al-Suwaidan has sharply criticized Egypt's military-backed government and voiced support for deposed president Mohammed Morsi on Twitter.

THE ASSOCIATED PRESS

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Twitter tests out tie-in to trending television shows

Social TV. Some mobile users report seeing new banners that highlight talked-about programs

If you're not sure what to watch on television, don't worry — Twitter wants to help. Some Twitter users saw a new banner stuck at the top of their newsfeeds last week when browsing the site on mobile devices.

The new banners are designed to feature a TV show that's trending on Twitter, meaning that a lot of people are talking about it. The banner includes information about how many people have mentioned it in their tweets, what time the show airs and on which network, and makes it easy for users to figure out how to participate in the conversation or tweet at a show's stars.

It's the latest attempt by the social media website to make watching TV a social pursuit and convince people to tune into live TV by making them feel as if they're missing out on something.

It's more than just telling people what's on, it's also suggesting what people might like.

Twitter tries out a number of experiments on small numbers of users and wouldn't comment on this specific test. "We're always looking for ways to make watching TV along with Twitter more fun and more engaging," said Twitter spokeswoman Rachael Horwitz. TORSTAR NEWS SERVICE

Twitter user ASG posted a screenshot of a new banner that appeared on his newsfeed this week. It shows users which TV shows people are talking about, when it airs and what channel it airs on. TORSTAR NEWS SERVICE

Watch and tweet

- Twitter has been working on building a relationship between TV watching and tweeting, and argues there is a connection between how many people tweet about a show and how many people actually tune in.
- A Nielsen study released recently says tweets can influence ratings and vice versa.

Organic claims. Lettuce beg to differ: Small farms prefer alternative label

New York state farmers Justine and Brian Denison say they adhere to all the growing practices required for organic certification, yet if they label their beans and tomatoes "organic" at the farmer's market, they could face federal charges and $20,000 US or more in fines.

Because the Denisons chose not to seek organic certification by the U.S. Department of Agriculture, the Denison Farm, which has been under organic management for more than 20 years, is banned from using that term. So they and hundreds of other small direct-marketing farms across the country have adopted an alternative label: Certified Naturally Grown.

Started by a group of organic farmers in New York's mid-Hudson Valley as a backlash against federal takeover of the organic program in 2002, Certified Naturally Grown has expanded over the past decade to include more than 700 farms in 47 states, executive director Alice Varon said.

Many small farmers previously certified organic by an independent organization have declined to participate in the federal program.

They voice a variety of objections: extensive record-keeping requirements; fees that can amount to six per cent of a small farm's gross sales; and philosophical objections to joining a monolithic government-run program that also certifies huge operations that ship produce across the country. THE ASSOCIATED PRESS

Growth forecast

EU recovery is good economic news for Canada

Canada's economy looked anything but world-beating during the first half of 2013, but economists say the restraints that have handcuffed exports and jobs growth are starting to break.

The biggest confidence booster may have been the news last week that the troubled Eurozone burst out of a prolonged recession earlier than expected, posting a modest but still significant 1.1 per cent annualized expansion in the second quarter. As CIBC chief economist Avery Shenfeld noted in a brief to clients, with Canadian exporters fixated on the U.S. and China, it's easy to ignore the potential good a resurgent Europe could bring. THE CANADIAN PRESS

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DOS AND DON'TS FOR DEPUTY MAYOR

URBAN COMPASS

Matt Elliott
toronto@metronews.ca

With newly elected MPP Doug Holyday having said goodbye to his role as Mayor Rob Ford's deputy mayor late last week, change is in the air at city hall today. Scarborough Coun. Norm Kelly is now set to step up as new deputy mayor to the embattled Ford.

We should all feel a little bit bad for Kelly. He's taking on what could be the hardest job at city hall. Starting today, he's got to be a guy who speaks on behalf of what has become an incredibly weird and chaotic mayoral administration.

But at least Kelly's got the benefit of learning from Holyday's experience. Based on that, here's the advice I'd give Kelly on his first day — a list of deputy mayor dos and don'ts.

DON'T go overboard when coming to Ford's defence. One of Holyday's biggest missteps was going to great and irrational lengths to try to come to Ford's rescue and explain away various controversies.

Learn this phrase and use it often: "I can't possibly comment on that."

DO try to keep the focus on the issues. Holyday scored Ford one of his biggest political wins when he worked as point person on labour negotiations last year and negotiated favourable deals with a bunch of city unions.

Kelly should learn from that. He should find an area of the government that needs attention and make it his pet project. Then whenever a reporter asks about a Ford scandal or gaffe, Kelly can direct things back to actual city business.

DON'T add to the controversy. The mayor's had enough headline grabbers to fill a dozen political careers. His administration doesn't need any more bad press.

Specifically, this means Kelly shouldn't talk about climate change. His views on the subject have been groan-inducing in the past, with suggestions both that global warming may not actually be happening or, if it is happening, that it might actually be a good thing because — I'm not making this up — it'll make Toronto's climate more like that of Tennessee.

DO keep the book recommendations coming. Kelly is known as a voracious reader. In a 2011 debate on city arts funding, he pushed people to read Elizabeth Currid's The Warhol Economy. Council expense records reveal he recently picked up books on lean manufacturing and Toronto's political history.

The apparent thirst for knowledge is a good thing, especially in the midst of a civic term where facts and evidence seem too often pushed to the side.

Plus, as a bonus, the deputy mayor can always call reporters together to talk about his latest book recommendations. Could make for a good distraction while his boss avoids the press by sneaking out the back door of the mayor's office.

Read more of Matt's blog, Ford for Toronto, at metronews.ca

ZOOM

Here comes the shock wave

ZAK NOYLE/A-FRAME

Garbage mars surfing photo

This is hardly a surfer's paradise. The startling image shows pro surfer Dede Suryana braving a trash-infested wave in Indonesia. Zak Noyle, a staff photographer for Surfer Magazine based in Honolulu, Hawaii, took the picture at a remote location in south Java, an area usually noted for its crystal-clear waters. **METRO**

Q and A

'A wake-up call for all of us'

ZAK NOYLE
Staff photographer for Surfer Magazine, 28, from Honolulu, Hawaii

What was the wave like?
There were food wrappers, tree branches, even soccer balls. It was like being inside a washing machine of trash.

Did all the debris make the photo difficult to take?
Yes — there were tree trunks the size of a car that we had to push through before Dede could go on and surf.

How did seeing the polluted water make you feel?
Very sad. There was so much trash that the four of us had no chance of cleaning it up ourselves. These waters are normally pristine so I was shocked to see this.

Others may indeed share the same sentiment ...
Absolutely. As a photographer, I want to be able to spark awareness in people's minds. I hope this photo will be a wake-up call for all of us to keep our oceans clean.

Worth mentioning

New Lego robots excite techies in Silicon Valley

A robotic Lego Mindstorms unit gathers cardboard rolls in Stanford, Calif. THE ASSOCIATED PRESS

Few are more excited about Lego's new Mindstorms sets rolling out next month than Silicon Valley engineers.

Many of them were drawn to the tech sector by the flagship kits that came on the market in 1998, introducing computerized movement to the traditional snap-together toy blocks and allowing the young innovators to build their first robots. Now, 15 years later, those robot geeks are entrepreneurs and designers, and the colourful plastic bricks have an outsized influence in their lives.

Techies tinker at Lego play stations in workplaces. Engineers mentor competitive Lego League teams. Designers use them to mock up larger projects ideas. And executives stand Lego creations on their desks alongside family photos.

"Everyone I work with played with them as children. We sit around talking Lego. It's a shared common experience," said Travis Schuh, who reaches into his bin of plastic blocks when he needs a quick prototype at the Silicon Valley medical robotic firm where he works.

The new Mindstorms sets, designed for kids over 10, are simpler for the younger crowd and more versatile for sophisticated users than two earlier versions.

THE ASSOCIATED PRESS

Comments

RE: Tim's Needs Lid Adjustment: Customer Grumbles, published Aug. 15

I noticed too that the drippy seam is a problem, where the seam meets the lid. But the lid still leaks while carrying. They used to fill your own mug, until they started selling their own mugs (by mug I mean those insulated travel mugs). Perhaps the leaky cup is designed to leak.
ijdfc posted to metronews.ca

For the most popular, wealthiest coffee chain in this country, I tend to agree that all flaps and seams aside, you would think after 25 years they would invest in a more professional, travel-friendly lid system.

Where the heck was I.... Subway, I think, had a simple turn-based coffee-cup lid that turns a small second layer to cover the opening and seals with just the tightest seal on the cup.
Facilalilaty posted to metronews.ca

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The Harry Potter generation

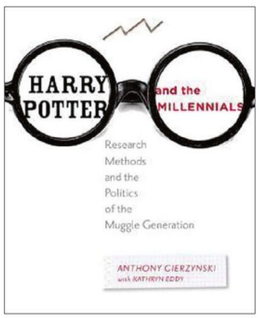
Mindful muggles.
Scholar takes a look at how the famous series shaped Millennials who have adopted some of the positive lessons from the story

BAPTISTE
BARBE
Metro World News

Children wait outside Waterstones book shop, Europe's largest bookstore, for the launch of Harry Potter and the Order of the Phoenix on June 20, 2003 in London. GETTY IMAGES

Political science professor Anthony Gierzynski has analyzed the influence of Harry Potter on youngsters in the United States. Here a few thoughts from the author of Harry Potter and the Millennials: Research Methods and the Politics of the Muggle Generation.

You wrote three books about U.S. politics. How did you get the idea of mixing your previous studies with the Harry Potter phenomenon?
I have long had an interest in, and speculated about the role of entertainment media in politics, sparked by movies like Do the Right Thing, Star Wars, Independence Day and movies portraying the U.S. President as an action hero in the 1990s, the portrayal of politicians in movies and TV (which is nearly universally negative), the different Star Trek series, and, more recently Battlestar Gallactica (which is rich with politics), and so on. And, I have had many conversations with my students about the subject and ultimately decided to design a class whose purpose would be to investigate entertainment media effects. The first few semesters of the class we ran experiments, conducted surveys, and collected qualitative data on the effects



of entertainment media such as Star Wars, The Simpsons and South Park, and overall TV viewing habits (some of that research is reported in this book), before doing the Potter research.

I also guess you read the books and watched the movies. Have you been influenced by this kind of phenomenon at your time (Star Wars, etc)?
I am a fan of Harry Potter, but I am a Gen Xer, not a Millennial, so other entertainment media that I was exposed to in my formative years — yes, Star Wars, the Lord of the Rings books, Saturday Night Live, and Star Trek were the main sources of entertainment media influences for my political socialization.

One the main points of your book is that you chose people who grew up with the characters over a long period (10-15 years). Thus, you note that the Millennials read it during their most politically vulnerable and formative years. Your study shows that fans have transposed some lessons\values from the series (equality, tolerance, commitment, loyalty, diversity, anti-violence\anti-torture) into their real life. Can you tell us more about these observations?
The key thing is that, while the Potter series was a story designed to entertain, the nature of the story (and indeed any story) is that the characters learn certain lessons as the plot moves along and exhibit certain characteristics. As we become immersed in the story and identify with characters we tend to internalize those lessons and sometimes adopt those characteristics for our own. So, Harry and his friends evince an aversion to violence, fight for tolerance and equality and oppose oppressive authority and we found fans had similar traits on those very attitudes.

Could Harry Potter keep continuing to have this kind of impact — for example, Star Wars is still popular many decades after the first movie?
Possibly — I still have students who are Potter fans. The next generation, however, may adopt a different entertainment phenomenon.

Will there be another study in the future in order to go further? Do you want to keep working on this subject?
Yes. At the end of the book I have a website address for readers to tell me their stories about Harry Potter or any other entertainment sources and their political effects in order to gather more qualitative data to see whether there is additional support. I am also working on other research projects on entertainment media effects that utilize experimental designs that can establish causal relationships. I will be submitting to a journal this fall a paper I presented at a political science conference that looks at how villains of science fiction, fantasy and superhero genres affect views about criminal justice and terrorism policy.

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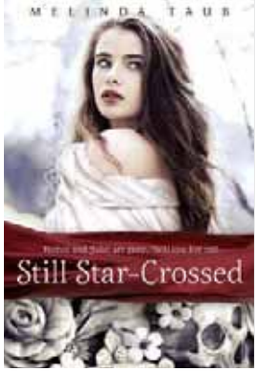
They denied their fathers and refused their names. Now what?

Still Star-Crossed.
New young adult book tells the continuing story of Romeo and Juliet's friends and family

DOROTHY ROBINSON
Metro World News

How do Romeo and Juliet's family and friends continue on after their deaths? CONTRIBUTED

Author Melinda Taub refers to her young adult book, Still Star-Crossed, as a mash-up of adventure and romance that chronicles "the story of the characters who survive Romeo and Juliet, as they fight to stop the deadly feud from reigniting, and try to follow their hearts without repeating the mistakes that killed their friends," she says. As you can tell, this isn't the Shakespeare you remember from high school. Still Star-Crossed contains "sword fights, masked assassins, betrayal, a ball, cross-dressing, iambic pentameter, kissing and horses." You had us at cross-dressing, Melinda. Piqued your interest? Read on:



What is it about the story of Romeo and Juliet that made you think to create a sequel of sorts?
I really love the world of Romeo and Juliet. It's essentially a romantic comedy for the first half — it's full of dancing and kisses and sex jokes, before a series of coincidences and bad choices turn it toward tragedy.

How much research on Shakespeare did you do to write Still Star-Crossed?
I didn't do as much research as you might think. I tried mostly to use words in the dialogue that Shakespeare would use, so I kept a copy of his complete works handy and searched through it every 30 seconds or so. I also read Romeo and Juliet about 15 times, not to mention a lot of his other plays.

Were you ever worried that writing it in Shakespearean English might throw readers off?
I worried endlessly about the language. For the first few drafts of the book, the dialogue varied wildly — sometimes incomprehensibly Elizabethan, sometimes sounding straight out of Gossip Girl. Over time, and with my editor and agent's help, I found a happy medium.

What were some of the biggest liberties you took in writing this?
The very biggest liberty I took occurs about 50 pages into the book. I don't wish to spoil it here, but ooh boy you'll know it when you see it. But really, I took small liberties all over the place. Shakespeare is a bold storyteller who liked to include a little of everything awesome, so I tried to do the same. I'd rather include a word he wouldn't have used, but would have liked, than fret too much about historical accuracy.

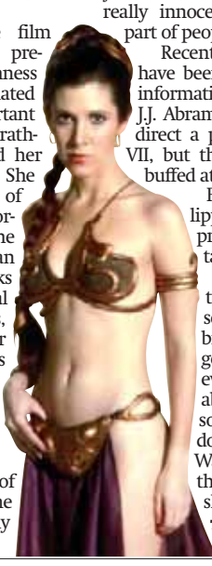
Carrie Fisher. Hey Princess Leia, will you sign my arm?

Carrie Fisher CONTRIBUTED

It's been 36 years since Star Wars came out, introducing the world to the iconic double-bun hairstyle of Princess Leia — but for Carrie Fisher it's clear that the ardor hasn't faded.

And it's on full display at fan conventions — like Toronto's Fan Expo Canada, which runs from Aug. 22 to 25 — where she'll occasionally receive the oddest of requests.

"Generally, it's people having me sign their bodies so that they can have it tattooed," she marvelled from her home in Los Angeles. "That's happened a few times now. ... It wasn't in weird spots, it was just really going to hurt, like on the palm of their hand, or the crook of their arm."



But while some film icons might project preciousness or archness about being associated with such an important character, Fisher has rather gracefully pursued her own passion projects. She has settled into a life of scriptwriting, authoring memoirs and the occasional one-woman show; she also speaks out about mental health awareness, a cause close to her heart since she was diagnosed as bipolar when she was 28. Still, she maintains and enjoys her ties to the Star Wars world.

"I don't take any of this very seriously," she says. "It was a really fun movie to make — not all the time, but it was fun to make, being a girl in an all-boy fantasy. ... People just love it. It's like a fairy tale. It's part of their youth, so there's something really innocent. It's the best part of people that like it."

Recently, Star Wars fans have been clamouring for information in the wake of J.J. Abrams's agreement to direct a proposed Episode VII, but they are being rebuffed at every turn.

Fisher was tight-lipped, even when pressed for any detail.

"It's not for me to talk about. I'm someone with a big mouth, and I get in trouble every time I talk about something, so anything to do with this (Star Wars) is not my ... thing to discuss," she says.

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METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

Dustin Johnson and Paulina Gretzky

Gretzky and golfer Dustin Johnson announce engagement

Paulina Gretzky and golfer Dustin Johnson announced their engagement on Sunday through their popular Twitter accounts. Johnson posted a photo of Gretzky's hand with an engagement ring on her finger with the caption "She said yes!!!" Gretzky, the daughter of hockey legend Wayne Gretzky, retweeted the picture and several congratulatory messages from friends and family.

"Congrats to my sister @PaulinaGretzky and @DJohnsonPGA on the engagement. Love you guys," tweeted Trevor Gretzky, Paulina's younger brother and a prospect in the Chicago Cubs organization. Johnson is a professional golfer on the PGA Tour. **THE CANADIAN PRESS**

Ethan Hawke

Hawke's brain wasn't ready for marriage

Ethan Hawke definitely thinks he was too young to marry Uma Thurman back when he was 27, according to Elle magazine. "There was this discovery that the male brain isn't done until 28. I definitely think my frontal lobe was not finished," he tells the magazine. "I had no business taking vows that would last more than two weeks." In his defence, Hawke says he was looking to use marriage as a way to gain some sense of control over his life. "Success when you're young is really overwhelming. The world felt out of control and I wanted to stop it from spinning so fast," he says.

The Word

Bynes moves facilities for better psychiatric care: Source

Amanda Bynes has been moved from the psychiatric unit in Ventura County, north of Los Angeles, where she's spent the last two weeks and has been admitted to the UCLA psychiatric facility — and she's expected to stay there for at least two months, according to Radar Online. "Amanda needed specialized medical attention that she wasn't getting," a source explains. "It's expected that Amanda will remain at UCLA for the next two months because she has very complex mental health issues that need to be dealt with. It will also take a significant chunk of time to get Amanda ... on several prescriptions for her condition — and to make sure it's working properly." **METRO WORLD NEWS**

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Water safety

Drowning risk highest on hot days

In books and movies, drownings almost always seem to occur in bad weather. But the perception isn't actually accurate, a new study suggests.

The work, by researchers from the University of Toronto and Sunnybrook Health Sciences Centre, says the risk of drowning outdoors is nearly 70 per cent higher on days when the mercury climbs to 30 C or above.

Lead author Dr. Michael Fralick and his co-authors drew data from records on 1,243 drownings recorded by Ontario's Office of the Chief Coroner. The deaths took place in the province between 1999 and 2009.

Most of the drownings took place during the summer months. And most of the people who drown did so while taking part in recreational activities.

In the vast majority of cases, personal flotation devices were not used. They were either not present (80 per cent of cases) or not worn (11 per cent of cases). Most of the drownings took place in open water. THE CANADIAN PRESS

Exclusively Online

Read comedic (mis)adventures of parenthood online, with a glass in hand, with Reasons Mommy Drinks at metronews.ca/voices

The business of being mom

Opting out. Many women who decided to stay at home with their kids may have actually sharpened their business skills

IT'S ALL RELATIVE
Kathy Buckworth
Kathybuckworth.com

Being home with the kids may actually improve some of your business skills. ISTOCK

Ten years ago the phrase "opting out", became a part of the lexicon, due mostly to a New York Times op-ed piece called The Opt-Out Revolution.

Written by Lisa Belkin, it was about the growing trend of women dropping out of high powered careers in order to stay at home with their families.

Flash-forward a decade, and many of these women are finding themselves in a position, often but not limited to personal finance challenges, to want to opt back in to the work force.

But how can they update their skills and subsequently their resumé after having missed out on arguably the biggest changes in "work" during this fast forward technology driven 10-year period?

While being at home with the kids likely won't replace the skills and knowledge gained by working corporately, I would argue that it could actually hone the following handy talents:

Time management
Moms are pros at executing work schedules which will have kids dressed, fed, and on the soccer field on time.

Project management
Having milestones come together to complete a business objective is literally child's play after mastering the art of changing a baby's diaper while disciplining a preschooler and supervising homework.

Crisis management
If dealing with the aftermath of baby's first smoked fish meal, a faulty diaper and an ill-timed mommy and me swimming class don't constitute a "crisis", I don't know what does.

Risk management
Making a decision guaranteed to be unpopular with at least one of your children while minimizing the inherent risk of a total meltdown is a pure mom talent.

Financial management
When one income is eliminated to stay at home with the kids, the expenses associated with raising said children increase at approximately the same ascending rate. From diapers to school trips, "indoor runners," hockey equipment and other assorted sundries, managing the finances and determining a return on investment for your family sharpens mom's budgeting skills daily.

The best news? The steepest learning curve for many has been social media. The explosion of mommy blogs happened around the same time as the opting out began, and this educated, driven, and ambitious demographic is one of the savviest when it comes to using Twitter, Facebook and Pinterest.

Instead of dismissing a Tweet about an explosive bowel movement by "just" a mommy blogger, it's really an insight into containment strategy from a communications expert.

KATHY BUCKWORTH'S LATEST BOOK I AM SO THE BOSS OF YOU: AN 8 STEP GUIDE TO GIVING YOUR FAMILY THE BUSINESS IS AVAILABLE EVERYWHERE FROM RANDOM HOUSE, AND HAS RECENTLY BEEN OPTIONED BY WARNER BROTHERS TELEVISION.

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Infuse culture into Pulled Chicken with Asian flavours

1. Preheat a grill or a skillet to medium. In a bowl, mix barbecue sauce, miso and five-spice powder until well combined.

2. Prepare vegetables: chop green onion, cut snow peas into strips and thinly slice lettuce or Chinese cabbage.

Ingredients

- 1/4 cup (60 ml) barbecue sauce
- 1 1/2 tsp (7 ml) miso
- 1/4 tsp (1 ml) Chinese five-spice powder
- 1 green onion, chopped
- 1/2 cup (125 ml) snow peas, cut into strips
- 1 cup (250 ml) lettuce or Chinese cabbage, thinly sliced
- 6 boneless, skinless chicken thighs
- 4 to 6 whole wheat or multi-grain hamburger buns
- 4 to 6 slices of Canadian Gouda

This recipe serves four to six people. DAIRY FARMERS OF CANADA

3. Use a large spoonful of sauce to coat the chicken and reserve the remaining sauce. Cook chicken on the grill for 12 to 15 minutes, or in a skillet for 6 to 8 minutes, until thoroughly cooked. Let cool. Meanwhile, add green onion and snow peas to remaining sauce.

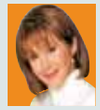
4. Shred chicken and add to sauce.

5. Open hamburger buns, place cheese on bottom halves and heat on grill or skillet.

6. Divide mixture among buns and garnish with Gouda and lettuce or Chinese cabbage. **DAIRY FARMERS OF CANADA (FAMILYKITCHEN.CA)**

Healthy eating

Choose it and lose it



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Baskin Robbins incorporates your fave snacks into cool treats but watch out for sugar, fat and calories! (Nutritional info taken from American site as Canadian not available). PHOTOS: MIKE MCCOLL, FROM ROSE REISMAN'S CHOOSE IT AND LOSE IT (WHITECAP BOOKS)

Reese's Peanut Butter Cups Sundae (12 oz/340 g)

1,220 calories/80 grams fat/92 grams sugar

Layers of Praline 'n' cream ice cream, Reese's Peanut Butter Sauce and Reese's Peanut Butter Cups equals major calories, fat and sugar.

Equivalent

1 Reese's Peanut Butter Cups Sundae from Baskin Robbins is equal in fat to 10 Dairy Queen small chocolate soft serve ice creams.

Reese's Peanut Butter Cup 31 Below (12 oz/340 g)

640 calories/ 29 grams fat/ 78 grams sugar

Soft serve ice cream cuts back the calories and fat big time!

Lunch. Toasted Parmesan Tomato Bread

1. Heat the oven to broil.

2. In a small bowl, combine garlic, rosemary, olive oil, salt and black pepper, to taste. Mix well, then use back of heavy spoon to mash garlic and rosemary to form paste. This also can be done using a mortar and pestle. The rosemary won't mash well; this is fine.

3. Spread quarter of mix over one side of each slice of bread.

4. Slice 2 thick slabs out of centre of each tomato. Reserve tops and bottoms of tomatoes for another use. Set 2 slabs over each piece of bread. Shave some Parmesan over tomatoes on each slice. Set assembled bread on a baking sheet and broil on the oven's middle rack until the cheese is just starting the brown, about 2 to 3 minutes. Serve. **THE ASSOCIATED PRESS**

Ingredients

- 4 cloves garlic, minced
- 1 sprig rosemary, finely chopped
- 1/4 cup olive oil
- 1/2 tbsp kosher salt
- Ground black pepper
- 4 large, thick slices sourdough
- 4 large tomatoes
- 3 oz Parmesan cheese

Encouraging at-home expletives?

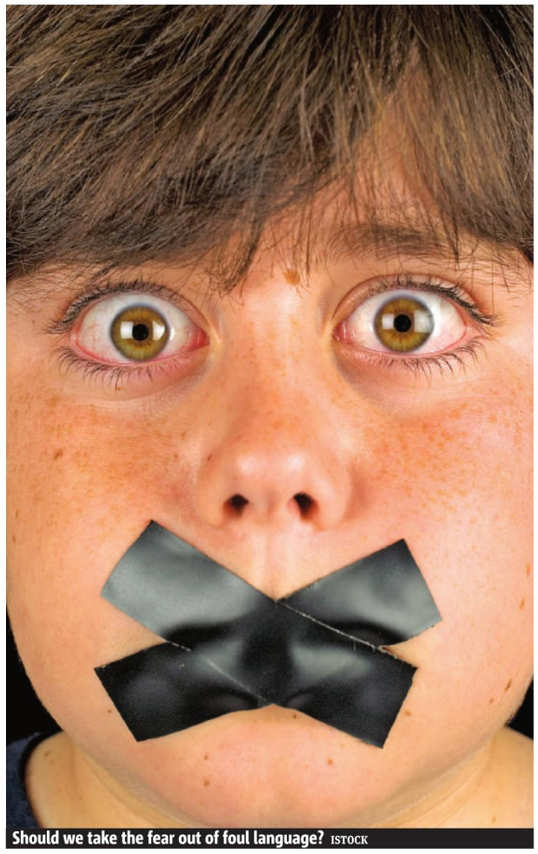
Kids say the damndest things. Windsor author tells parents why this unspeakable language is important to learn

LUKE SIMCOE
Metro Online

When Kim Lunansky was growing up she got the proverbial soap treatment if she was caught swearing, but now that she has kids of her own she prefers to wash their mouths out with common sense.

The Windsor-based author lets her three children, aged five to 13, swear at home and has spent many nights talking with them about the uses and abuses of language.

"My husband doesn't think you should let your kids swear at all, but I'm kind of the opposite," she said. "You need to teach them what words mean, and they need a safe space to learn to use that vocabulary appropriately."



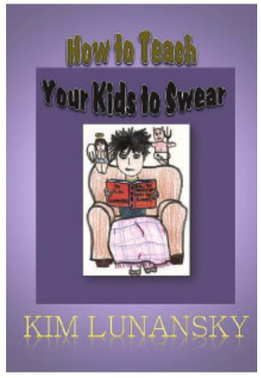
Should we take the fear out of foul language? ISTOCK

Lunansky has written a book about her adventures in adolescent cussing, appropriately entitled How to Teach Your Kids to Swear. More of a treatise than a how-to guide, the book chronicles her attempts to teach her kids to consider things like audience and context before dropping an F-bomb.

"It's a lot like teaching your kids how to dress," she said. "You wouldn't let them go to a wedding wearing short jean shorts and a tube top."

Lunansky's rule of thumb is that it's OK to swear so long as it's not going to offend anyone within earshot.

"We've come to a place in our language where swearing is pretty common," she said. "So if one of my kids comes home and says they had a s—y day at school, I'm not going to go off the deep end about it. Maybe they had a bad day."



There are moments where Lunansky is less forgiving, like the time her son — upset after his sister dressed up his Star Wars figures like Barbie dolls — interrupted a Christmas meal with a diatribe fit for a sailor.

"He was just stringing cuss words together," she said. "I don't even think it made sense."

After excusing herself from a table full of slack-jawed relatives, Lunansky took her son aside, gave him a time out and tried to impress upon him that swearing in front of extended family might not be the best idea.

Lunansky admits her approach is controversial, but says it's an improvement over simply making swear words verboten.

"If you make something taboo, it attracts kids like a magnet," she said. "It creates a cycle where maybe they won't do it in front of you, but they'll do it everywhere else to see how people react."

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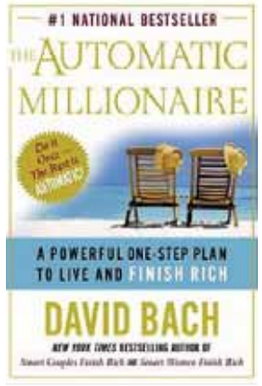
Waiting for that big break? Don't delay. Even millionaire moguls need to unplug and unwind

DAN SCHAWBEL
Metro World News

Only you can prevent professional burnout. Work hard to work a little less this year. ISTOCK

David Bach is the bestselling author of The Automatic Millionaire, — a book that has advised millions of people on financial success — as well as a contributor to the Today show and a motivational speaker. I caught up with Bach while he was on sabbatical to find out why he took some time off, what he learned from it and why summer is as good a time as any to look for a job.

You made a major decision last year to take a sabbatical for 2013 — what lead to that and how is it going?
Last year after writing a dozen books in 10 years, doing thousands of speeches and thousands of television and media appearances, running a company and travelling more than half a million miles, I reached a point where my soul said "Enough is enough; you need and deserve a serious break." It was hard to listen to my soul, being addicted to "doing it, doing it, doing it." Deciding to take a sabbatical was truly one of the most difficult decisions I have made in my 25-year career. It was ultimately probably one of the most important decisions, and the best I have ever made. I can't believe how refreshed, re-energized, relaxed, present and creative I now feel.



How did you unplug?
It's about learning to say, "No," which is incredibly difficult when your life has been about saying, "Yes." My answer to everything has been simple: "Sorry, I am on a sabbatical and not working until the end of 2013." The response almost universally has been, "That's amazing, good for you; I wish I could do that, too." I'm learning from this experience that people really need and want a break more than they realize or share.

Do you think summer is a good time to look for a job?
It's really not about a time to look for a job — it's about you being in a place to be of the most value to the largest number of people. Employers are always looking for great employees that can help them grow their business. What is unique about summer is that many business owners and even large companies are now planning for 2014 — so getting in now and talking to people who are hiring while they are slower can be the perfect time to connect and make an impression.

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Argos linebacker Auston English tracks down Eskimos quarterback Mike Reilly at Rogers Centre on Sunday night. NATHAN DENETTE/THE CANADIAN PRESS

Argos sail past Esks to win 4th straight

CFL. Despite Reilly's 511 passing yards and 3 TDs, Edmonton loses fifth game in a row

Ricky Ray threw three touchdowns and tied a club record for consecutive completions Sunday as the red-hot Toronto Argonauts continued to roll with a 36-33 victory over the Edmonton Eskimos.

On Sunday

36	33
Argonauts	Eskimos

Ray finished the night 30 of 35 for 413 yards, including TD passes to Jason Barnes, John Chiles and Chad Owens against his former team as Toronto (5-2) won its fourth straight.

Ray's 17 straight completions in the first half tied an Argonauts' club record set by Mike Rae in 1975 in a game against the Montreal Alouettes.

Backup quarterback Zach Collaros also threw a TD for Toronto, which is on its longest winning streak since 2007 and leads the CFL East Division by six points over the second place Hamilton Tiger-Cats.

Edmonton quarterback Mike Reilly was 35 of 46 for 511 yards and three touchdowns as the Eskimos (1-6) lost their fifth consecutive game.

Grant Shaw added four field goals for Edmonton, which was without injured star linebacker and reigning CFL defensive player of the year J.C. Sherritt.

THE CANADIAN PRESS

MLB

Lobaton proves to be Jays killer again

Jose Lobaton came up big again for the Tampa Bay Rays.

Lobaton hit a solo home run in the 10th inning and the Rays beat the Toronto Blue Jays 2-1 on Sunday.

Lobaton sent a 2-1 pitch from Brad Lincoln (1-2) with one out into the right-field seats. Lobaton had a game-ending triple in the ninth Friday.

"It's different," Lobaton said. "Walk-off triple, that was amazing. Walk-off homer, run the bases like that, is unbelievable. It's something that you want to do all the time. Hopefully it's not the last one."

Tampa Bay took two of three from Toronto, which hasn't won a series at Tropicana Field since April 2007.

Blue Jays right-hander Todd Redmond, a St. Petersburg, Fla., native, gave up one run and six hits over six-plus innings in his first start at Tampa Bay.

THE ASSOCIATED PRESS

Horse racing

Up With the Birds swoops in for win at Breeders' Stakes

After falling just short in last month's $1-million Queen's Plate, jockey Eurico Rosa da Silva and Up With the Birds left nothing to chance Sunday in the $500,000 Breeders' Stakes.

Da Silva moved Up With the Birds into the lead down the stretch, then emphatically held off a spirited River Seven to win the final leg of Canadian thoroughbred racing's Triple Crown at Woodbine Racetrack in 2:28.69. THE CANADIAN PRESS

Bolt turns golden hat trick

Track and field. Fastest man on the planet caps Jamaica's sweep in sprinting events

Usain Bolt is, yet again, perfect.

And with three gold medals in Moscow, the Jamaican great became the most successful athlete in the 30-year history of the world championships.

The 4x100-metre relay gold on Sunday erased the memories of the 100 title he missed out on in South Korea two years ago because of a false start. And, in combination with a similar 100-200-4x100 triple from Shelly-Ann Fraser-Pryce, Bolt was instrumental in giving Jamaica the first ever sweep in those six sprint events.

Bolt was trailing American Justin Gatlin when he got the baton on the anchor leg, but a botched U.S. handover and his superlative speed were enough to see him, and his country, win.

"I wasn't really worried about Justin. I knew if he got the baton in front of me, I could catch him," Bolt said. "So it was just going out there to run as fast as possible."

Bolt had already won the 100 and 200 metres. It was his second such sprint triple at the world championships, matching the two he has won at the Olympics.

With his victory, Bolt moved to the top of the all-time world championships medals table with eight gold and two silver, edging Carl Lewis, who has eight gold, one silver and one bronze. THE ASSOCIATED PRESS

Usain Bolt of Jamaica crosses the finish line to win the 4x100-metre relay at the world track and field championships on Sunday. PAUL GILHAM/GETTY IMAGES

World championships

GTA sprinters win relay bronze medal

Circumstance robbed Canada of a bronze medal one year ago at the London Games. On Sunday, the medal and a measure of vindication came back to the team.

Canada's men's relay team won bronze at the world track and field championships in the 4x100-metre race after Great Britain disqualified.

The victory helped provide some closure for Justyn Warner and Gavin Smellie, who were both on the relay team that lost a bronze medal to disqualification in 2012. "I'm so ecstatic, especially thinking back to last year and what happened," said Smellie. "To come back and get bronze, I'm just so happy. We competed to the best of our ability and we leave here with a bronze medal."

Warner, from Markham, Dontae Richards-Kwok of Mississauga, and Toronto natives Smellie and Aaron Kingsley Brown finished third in 37.92 seconds behind first-place Jamaica (37.36) and the United States (37.66). THE ASSOCIATED PRESS

Canadians Gavin Smellie, left, Aaron Brown, Dontae Richards-Kwok and Justyn Warner show off their 4x100-metre relay bronze medals in Moscow on Sunday. ALEXANDER ZEMLIANICHENKO/THE ASSOCIATED PRESS

Tennis. Nadal makes it back-to-back hard-court titles in sizzling summer

Rafael Nadal extended his sizzling summer with his first Cincinnati title Sunday, while No. 1 Serena Williams wilted just one set away from a breakthrough of her own.

Rafael Nadal GETTY IMAGES

Nadal took advantage of the few openings he got against John Isner, grinding out a 7-6 (8), 7-6 (3) win at the Western & Southern Open that added yet another title to his sensational summer.

The 27-year-old Spaniard won the championship in Montreal a week ago and has back-to-back hard-court championships for the first time in his illustrious career.

Like Nadal, Williams was trying for her second championship in two weeks, fresh off her championship in Toronto.

She dominated the first set, then fell apart, giving No. 2 Victoria Azarenka a chance to rally for a 2-6, 6-2, 7-6 (6) win that ended Williams' 14-match winning streak. THE ASSOCIATED PRESS

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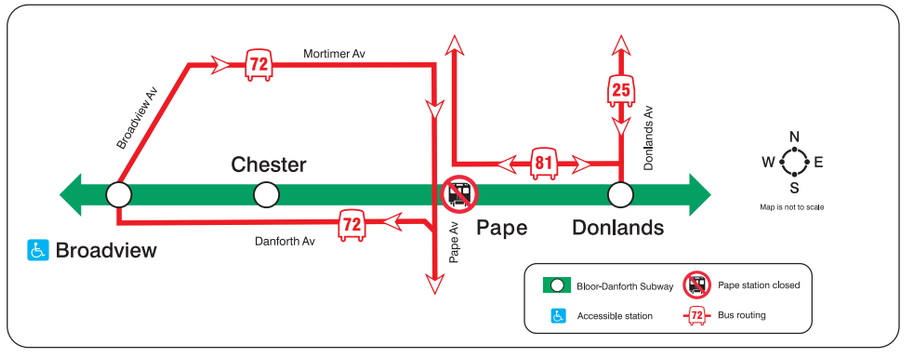

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Horoscopes

♈ Aries
March 21 - April 20
Something you see or hear today will shock you but if you dig a little deeper you may find it is not nearly as outrageous as you first thought.

♉ Taurus
April 21 - May 21
Whatever you are working on, personally or professionally, you must be free to do it your own way and at your own speed. Anyone who tries to interfere must be told quickly to mind their own business.

♊ Gemini
May 22 - June 21
You have your own way of doing things and you have no intention of changing just to please other people. In fact, if someone tries to tell you what to do today you will no doubt delight in doing the opposite!

♋ Cancer
June 22 - July 23
Do something different as the new week begins, something that makes the world around you sit up and take notice. Cancer is a cardinal sign and therefore born to achieve things.

♌ Leo
July 24 - Aug. 23
If old methods and routines are getting you nowhere by all means try something different. It may be hard, at first, stepping outside your comfort zone.

♍ Virgo
Aug. 24 - Sept. 23
Everything you say will be taken seriously today, even when it should be obvious that your tongue is very firmly in your cheek. With that thought in mind be careful what comes out of your mouth.

♎ Libra
Sept. 24 - Oct. 23
You have the knack of seeing things which other people have managed to miss and if you are smart you can use it to make some serious money over the next few days.

♏ Scorpio
Oct. 24 - Nov. 22
Ignore deadlines and rules and do things at your own speed and for your own enjoyment. Who is going to complain? You'll be a law unto yourself during the early part of the week.

♐ Sagittarius
Nov. 23 - Dec. 21
As usual your ideas seem to be opposed to what most other people think and, as usual, you are right and they are wrong. That may not, of course, be true but you believe it with such conviction it doesn't matter!

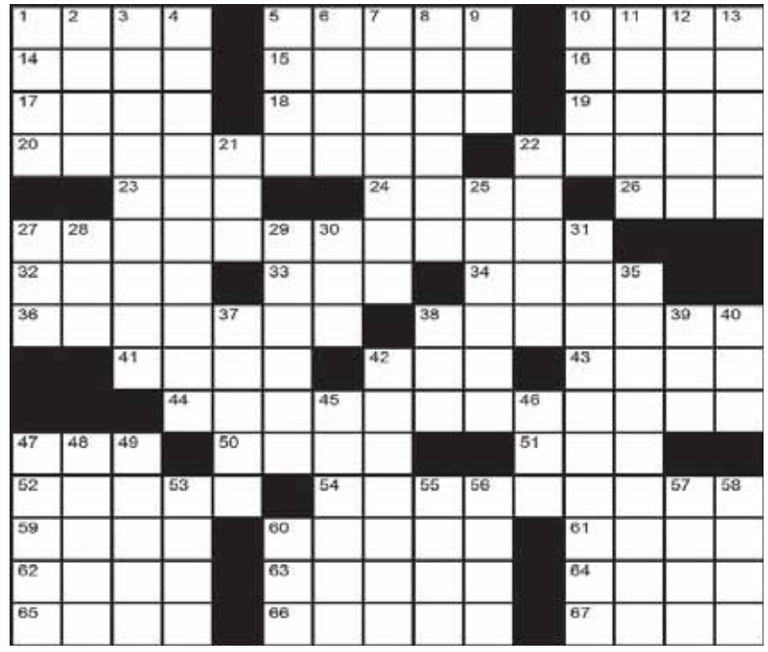
♑ Capricorn
Dec. 22 - Jan. 20
You may feel strongly about a certain issue but that does not mean you can just ignore what other people say if their views and your views do not coincide.

♒ Aquarius
Jan. 21 - Feb. 19
Don't waste time on idle gossip as the new week begins as there are far more important issues you should be dealing with. On the work front, especially, sudden changes may lead to new opportunities.

♓ Pisces
Feb. 20 - March 20
Someone close will say or do something completely unexpected today and to begin with you may not know how to react. They may surprise you, they may even annoy you, but you have to admit they caught you out big time. SALLY BROMPTON

Crossword: Canada Across and Down

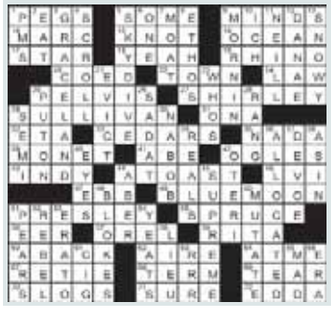
See today's answers at metronews.ca/answers.
BY KELLY ANN BUCHANAN



Across
1. Ran, as clothes colours
5. Clean the kitchen floor again
10. Stinging bug
14. 1971 Neil Diamond hit: "_ __... _ Said"
15. Doing quite well at
16. Mom in For Better or For Worse
17. Wisecrack, variantly
18. Puccini opera
19. Wing-shaped
20. How early auditions are sung on "American Idol": 2 wds.
22. Spruce __, Alberta
23. Glamorous getaway
24. Mont Blanc, par exemple
26. Cowboy singer Mr. Ritter
27. Car manufacturing factory feature: 2 wds.
32. Movie genre, Film __
33. Three-toed sloths
34. "America's __ Top Model"
36. Like shoes to match bridesmaid outfits
38. With time __ (In no hurry): 2 wds.
41. Earth's crust's upper layer
42. 'Tutor' suffix
43. Physical activity, for short
44. Bridezilla's aspiration: 2 wds.
47. Golfing norm
50. Engrave
51. Red carpet walker, e.g.
52. Contests of ancient Greece
54. City in BC
59. Joni Mitchell album
60. Dancing garbs
61. Shakespeare villain
62. Establishment's emblem
63. Try something out: 2 wds.
64. Burden
65. __ Sound, ON
66. __-Bismol
67. Tidy

Down
1. "It's not that __ _ deal really."
2. Secular
3. Sites for political asylum seekers sometimes
4. WWII: Military operation of August 19th, 1942: 2 wds.
5. Pace
6. Environmental sci.
7. Loses
8. Available, as a physician: 2 wds.
9. Tiger Woods org.
10. Wash-and-__
11. Dispense
12. Great __ Lake, in NWT
13. Heat-resistant glassware
21. Ms. Anderson, to pals
22. Dance legend Mr. Kelly's
25. Grounded-up-corn mixture
27. Moreover
28. Type of milk or sauce [var. sp.]
29. The National __ of Canada
30. Don't truth-tell
31. Organized journey with a purpose
35. Type of aircraft: 2 wds.
37. Unmasks
38. Spotted, to Tweety Bird
39. Stimpy's cartoon co-star
40. Unit of work
42. Revered architect of ancient Egypt
45. Make a blaming claim
46. Gladiator's 506
47. Art's Mr. Picasso (b.1881 - d.1973)
48. Radiant
49. Red: French
53. City light
55. Give up
56. "Would you like __ __ get you anything?" (Group-to-person query)
57. Water: Spanish
58. The bulk
60. Rapper Mr. Shakur, for short

Friday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

1	3				7		2	8
4	9			1	3			5
				2		9		
	1				6	5	9	
		6	5		8	2		
	2	9	1				8	
		4		8				
2			6	4			5	3
9	6		7				4	2

Friday's Sudoku

8	5	3	7	4	1	9	6	2
9	7	4	2	5	6	1	8	3
2	1	6	3	8	9	4	5	7
3	9	1	5	2	7	6	4	8
7	6	2	4	9	8	5	3	1
5	4	8	1	6	3	7	2	9
1	8	7	6	3	4	2	9	5
4	2	9	8	7	5	3	1	6
6	3	5	9	1	2	8	7	4

Today
27°/18°
Mainly sunny

Tuesday
28°/21°
Mainly sunny

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